

## Reproductive Health Facts

- Half of *all* pregnancies are unplanned.
- Eight of ten *teen* pregnancies are unplanned.
- One in four people will get an STI (sexually transmitted infection) in his or her lifetime.
- Up to 85% of women and 40% of men who have Chlamydia do not show symptoms.
- Chlamydia is the main cause of infertility.
- Emergency contraception pills prevent unplanned pregnancy when used within 72 hours after unprotected sex.



Community Partner

**Arnold Schwarzenegger**  
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State of California

**Kim Belshé**  
Secretary  
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**For more information about Family PACT,  
call 1-800-942-1054.**



**Family PACT**

Planning • Access • Care • Treatment

OFFICE OF FAMILY PLANNING  
CALIFORNIA DEPARTMENT OF HEALTH SERVICES



### What is Family PACT?

Family PACT provides no-cost family planning services to low-income men and women, including teens.

### Why should I enroll?

Family PACT provides access to family planning services for men and women, as well as education, counseling and treatment to protect your reproductive health.

If you are concerned about unplanned pregnancies, call 1-800-942-1054 for a Family PACT provider near you.

### Who is eligible?

Both men and women are eligible if they are low-income California residents and:

- Do not have insurance that covers family planning

**OR**

- Have insurance, but need to keep family planning services confidential.

Do it...  
1  
for yourself

2  
for your family

3  
for your future

Call 1-800-942-1054

### What services are provided?

- Personal and confidential health care
- Prevention of unplanned pregnancy
- Basic reproductive health assessments
- Prevention, screening and treatment of STIs (sexually transmitted infections)
- Pregnancy testing and counseling
- Hepatitis B immunizations
- HIV testing and counseling
- Limited male and female cancer screening

### What birth control methods does Family PACT provide?

- Birth control pills
- Emergency contraception
- Contraceptive implants
- Intra-Uterine Contraceptives (IUC)
- Birth control shots
- Diaphragm
- Cervical cap
- Spermicides
- Female and male condoms
- Fertility Awareness Methods (FAM)
- Lactation Amenorrhea Method (LAM)
- Female and male sterilization

